

Walk this way



THE PATH TO THE BLESSED LIFE
A SUMMER SERIES ON PSALMS 1

PSALM 1:1-3

BLESSED IS THE ONE WHO DOES NOT WALK IN STEP WITH THE WICKED OR STAND IN THE WAY THAT SINNERS TAKE OR SIT IN THE COMPANY OF MOCKERS, [2] **BUT WHOSE DELIGHT IS IN THE LAW OF THE LORD, AND WHO MEDITATES ON HIS LAW DAY AND NIGHT. [3] THAT PERSON IS LIKE A TREE PLANTED BY STREAMS OF WATER, WHICH YIELDS ITS FRUIT IN SEASON AND WHOSE LEAF DOES NOT WITHER—WHATEVER THEY DO PROSPERS**



4 NOT SO WITH THE WICKED! **THEY ARE LIKE
CHAFF THAT THE WIND BLOWS AWAY.**

5 THEREFORE THE WICKED WILL NOT STAND IN
THE JUDGMENT, NOR SINNERS IN THE ASSEMBLY
OF THE RIGHTEOUS. 6 FOR THE LORD WATCHES
OVER THE WAY OF THE RIGHTEOUS, BUT **THE WAY
OF THE WICKED LEADS TO DESTRUCTION.**



RECAP | THE BLESSED LIFE

- ① **STARTS BY AVOIDING THE WRONG DIRECTION & WALKING IN THE RIGHT DIRECTION (VS 1)**
- ② **STAYS BY ROOTING DEEP IN GOD'S WORD AND SURROUNDING OURSELVES WITH THE RIGHT PEOPLE (VS 2-3)**

YOU WON'T WALK IN THE RIGHT DIRECTION OR STAY ROOTED FOR LONG... IF YOU'RE ALWAYS **CHASING THE WRONG THINGS** OR **STANDING ON THE WRONG FOUNDATION.**



THE BLESSED LIFE
IS THE **SETTLED** LIFE
(VS 3)



TEACHING FOCUS:

SO MANY PEOPLE ARE CHASING APPROVAL, SUCCESS, OR THE THINGS OF THE WORLD — BUT ALWAYS COME UP EMPTY. PSALM 1 PAINTS A DIFFERENT PICTURE: A LIFE PLANTED IN GOD, DRAWING STRENGTH FROM HIM DAILY. WHEN YOU STOP RUNNING AND SETTLE IN HIS TRUTH, YOU START TO BEAR LASTING FRUIT.

SOME SPIRITUAL RUNNING IS GOOD AND SOME SPIRITUAL RUNNING IS BAD. (***RUN FROM THE WRONG THINGS & RUN TOWARD THE RIGHT THINGS***)

📖 2 TIMOTHY 2:22 (NIV)

FLEE THE EVIL DESIRES OF YOUTH AND **PURSUE RIGHTEOUSNESS, FAITH, LOVE AND PEACE**, ALONG WITH THOSE WHO CALL ON THE LORD OUT OF A PURE HEART.”



FOLLOWING CHRIST MEANS **SETTLING IN & PLANTING YOUR FEET** WHERE THEY ARE. WHEN WE RUN & CHASE WE'RE ALWAYS LOOKING FOR THE NEXT THING AND WE MISS WHAT IS RIGHT IN FRONT OF US.

IT'S NOT JUST CHASING THE NEXT BEST THING, IT CAN BE CHASING AFTER WHAT THE WORLD OFFERS. **SO MANY PPL DON'T WANT TO SAY YES TO JESUS BC THEY DON'T WANT TO MISS OUT ON WHAT THE WORLD HAS TO OFFER.**



WHEN YOU SAY YES TO
SOMETHING **YOUR SAYING**
NO TO SOMETHING ELSE.



THE BLESSED LIFE SETTLES — IT PLANTS DEEP INTO
GOD'S PRESENCE RATHER THAN RUNNING AFTER THE
WORLD'S APPROVAL, STATUS, OR DISTRACTIONS.

**YOU DON'T GROW WHEN YOU'RE ALWAYS CHASING —
YOU GROW WHEN YOU'RE PLANTED.**

WHEN YOU STOP RESTLESSLY RUNNING AND START
TRULY SETTLING IN GOD'S TRUTH, YOU BEGIN TO BEAR
FRUIT — THE KIND THAT LASTS.



THE BLESSED LIFE
STANDS FIRM
(VS 4-6)



📖 PSALM 1:4–6

“THE WICKED ARE LIKE CHAFF... THE WIND
BLOWS THEM AWAY...”

**THE WICKED HAVE NO LASTING FOUNDATION
— THEY’RE EMPTY, WEIGHTLESS, AND EASILY
BLOWN AWAY.**

“CHAFF” IS THE DRY, USELESS OUTER SHELL OF GRAIN THAT GETS SEPARATED AND BLOWN AWAY BY THE WIND. IT REPRESENTS PEOPLE WHO AREN’T ROOTED IN GOD — THEIR LIVES MAY LOOK FULL, BUT THEY LACK SUBSTANCE. WHEN PRESSURE OR JUDGMENT COMES, THEY CAN’T STAND FIRM BECAUSE THEY’RE NOT ANCHORED IN TRUTH.



**THE WICKED ARE UNSTABLE AND ULTIMATELY
SWEEPED AWAY** — BECAUSE THEY NEVER PLANTED
THEIR LIVES IN GOD.

**THE BLESSED LIFE STANDS FIRM — NOT
SWAYED** BY CULTURE, CHAOS, OR COMPROMISE
— BECAUSE IT'S GROUNDED IN GOD.



THE BLESSED LIFE **STARTS** BY AVOIDING WHAT'S
DESTRUCTIVE...

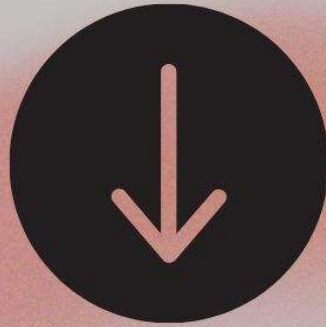
STAYS BY PLANTING IN TRUTH... (GOD'S
WORD/GOD'S PEOPLE)

SETTLES INTO THE THINGS OF GOD...

AND **STANDS** STRONG NO MATTER WHAT COMES.



REFLECTION QUESTIONS



1) WHERE IN YOUR LIFE HAVE YOU BEEN CHASING APPROVAL, SUCCESS, OR DISTRACTIONS INSTEAD OF SETTling INTO GOD'S TRUTH?

→ WHAT'S ONE AREA YOU NEED TO STOP RUNNING AND START PLANTING ROOTS?

2) WHAT DOES IT LOOK LIKE FOR YOU PERSONALLY TO "SETTLE" INTO THE THINGS OF GOD?

→ HOW CAN YOU MAKE SPACE DAILY TO STAY CONNECTED TO HIM?



3) WHAT VOICES OR INFLUENCES HAVE BEEN SHAKING YOUR FOUNDATION?

→ ARE THERE ANY RELATIONSHIPS, HABITS, OR MINDSETS KEEPING YOU FROM STANDING STRONG?

4) WHEN PRESSURE HITS — DO YOU FIND YOURSELF STANDING FIRM OR EASILY SHAKEN?

→ WHAT TRUTH FROM GOD'S WORD CAN YOU HOLD ONTO WHEN LIFE GETS TOUGH?

